

a book of daily LITURGY & PRAYERS

WEDNESDAY THURSDAY TUESDAY **SUNDAY** MONDAY FRIDAY **SATURDAY**

HOW TO USE THIS BOOK

This book of liturgy and prayers is designed for use as a formative tool for personal and corporate worship. It is broken down into two sections.

The first chapter is intended for personal devotional use. These devotions and prayers were adapted from Bishop Lancelot Andrewes (1555-1626). Bishop Andrewes was clergyman and scholar in Church of England during the reigns of Queen Elizabeth I and King James I. Other than his Manual of Private Devotions, Andrewes is most well known for overseeing the translation of the King James Version of the Bible.

The second chapter is intended for corporate worship. You will find both an order for Morning Prayer and for Compline. These orders can be used in homes, Community Groups or other small groups of people.

DAILY PRAYERS & DEVOTIONS

Adapted *from the* Private Devotions *of* Bishop Lancelot Andrews (1555-1626)

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



"God said, 'Let there be light'; and there was light, the first day." Genesis 1:3, 5

"God who commanded light to shine out of darkness has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ."



THE ANCIENT OF DAYS

William Blake 1794, Watercolor Etching, 9 $^{1/8}$ x 6 $^{7/8}$ inches, British Museum, London

ADORATION OF GOD

Glory be to God, the Father, the Son, and the Holy Spirit, Creator of light, and light of the world. Your word is a lamp to my feet, and a light to my path.

Blessed be the Lord, who on the first day Abolished death and brought life and immortality to light through the gospel.

Glory be to God the Spirit, who on the first day filled the praying church with power to be witnesses for Christ in the world.

Lord, with glowing heart I'd praise thee for the bliss thy love bestows, For the pardoning grace that saves me, and the peace that from it flows.

Help, O God, my weak endeavor; this dull soul to rapture raise; Thou must light the flame, or never can my love be warmed to praise.—Francis S. Key

"I was glad when they said unto me, Let us go into the house of the Lord." Psalm 122:1

CONFESSION

Search me, O God, and know my heart; try me, and know my thoughts. For out of the heart proceed evil thoughts, adulteries, murders, thefts, greed, Wickedness, deceit, lewdness, envy, slander, pride, foolishness

I conceal nothing, O Lord; I make no excuses.

For I acknowledge my transgressions, and my sin is ever before me

Purge away my sin; wash me, and I shall be whiter than snow. Save me, O Lord, from myself and from the sin which so easily entangles me. Create in me a clean heart, O God; and renew a right spirit within me.

Grant me to be godly and devout; to be faithful and true;
Patient and good tempered; make me holy as You are holy.
And since of Your mercy, O gracious Father, another day is added to my life,
I here and now dedicate myself fully to You and Your service, saying:

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips
And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

INTERCESSION

O Lord, hear my prayers for all people.

Send the light of the Gospel to all nations;

That Your way may be known upon earth, Your salvation among all people. (Especially, I remember ...)

And for Your holy Church throughout the world, I pray, O gracious Father, Fill it with Your truth. Keep it in Your peace. Where it is corrupt, reform it. Where it is in error, correct it, where it is right, defend it.

Where it is in want, provide for it, where it is divided, reunite it; For the sake of Your Son, our Savior Jesus Christ.

Guide and bless all in authority over us:

That we may live a quiet and peaceable life in all godliness and reverence.

In mercy, O Father in heaven,

Remember my family and relations; my friends, neighbors, and fellow-workers; those who have done me wrong; those whom I have wronged; those whom I've promised to remember in prayer; those who have no one to remember them.

Remember every soul in affliction and trial, in suffering and distress Give grace to each one, according to his need.

And the beauty of the Lord our God be upon us.

Be, Lord, within me to strengthen me, without me to guard me,

Over me to shelter me, beneath me to uphold me,

Before me to guide me, after me to forward me,

Round about me to secure me.

THANKSGIVING

Blessed is he who comes in the name of the Lord! God is the Lord, He has given us light; You are my God, I will give You thanks; You are my God, I will exalt You.

This is the day which the Lord has made; we will rejoice and be glad in it. Psalm 118:34

second day MONDAY

"God said, 'Let there be a firmament; let it divide the waters from the waters.'... the second day." Genesis 1:6, 8

"The heavens declare the glory of God; and the firmament shows His handiwork." Psalm 19:1



UNTITLED

Mark Rothko 1969, Oil on canvas, 35 x 48 inches, Tate Gallery, London, UK

ADORATION OF GOD

O Lord my God, You are very great: clothed in majestic splendor; Light covers You like a garment.

You stretched out the sky like a tent, extending the roof high over the waters.

Glory be to God on high; Maker of heaven and earth, And of all things visible and invisible, angels and archangels, And all the powers of heaven.

The skies and firmament; waters above us: Mists and vapors, rain and snow, wind and storm; Covering of clouds, flash of lightning, voice of thunder.

Waters below to cover the earth; water to drink; water to cleanse; Water to plunge beneath and rise again.

Hosanna in the highest to the Son of David, who took the servant's towel, The water and the basin to wash the feet of His disciples. Lord, here am I, wash me and I shall be clean.

"Not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit."

Titus 3:5

CONFESSION

O God, You know my foolishness; and my sins are not hidden from You. My iniquities have overtaken me; I am not able to look up; Lord, help me. Deliver me. Pardon my iniquity for it is great.

Remove from me the way of lying, every evil notion, every impure thought; Purge my heart of all envy, hatred, and malice, And lead me in the way everlasting.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips
And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

INTERCESSION

Hear my cry, O God; Listen to my humble prayer. In all my ways direct my paths; I acknowledge You to be the Lord.

Guard my home and family, O Lord. Bless the friends I love. Look with mercy on all people. Comfort those who sorrow; support the weak; lift up the fallen; Bring home to You the lost.

O Father, make our congregation a power for good; Bring the church to unity of faith and knowledge of the Son of God.

Keep our country safe and free; Guide and bless all in authority over us. Make this nation a blessing to all people.

To You, O Lord, I lift up my soul.

To Your service I hand over my body and mind.

I commend to You my going out, and my coming in,
My sitting down, and my rising up.

THANKSGIVING

Praise God in the earthly temple; Praise God in heaven's great dome. Praise Him for His mighty acts; Praise Him for surpassing greatness.

In all the thoughts of our heads,
Words of our lips,
Deeds of our hands,
Paths of our feet,
Be exalted, O God, above the heavens;
Let Your glory be above all the earth.
Amen.

third day TUESDAY

"God said, 'Let the dry land appear; and let the land produce vegetation,' ... the third day." Genesis 1:9, 11, 13

'The earth is the Lord's, and all its fullness. The sea is His, for He made it, and His hands formed the dry land."

Psalm 24:1



STILL LIFE WITH WATERMELONS AND APPLES IN A LANDSCAPE

Luis Meléndez 1771, Oil on canvas 24 ^{7/8} x 33 inches

ADORATION OF GOD

Holy, Holy, Holy Lord God of power and might, The whole earth is full of Your glory!

The land and the sea; lakes, rivers, and springs; Mountains, hills, and valleys; plains, plateaus, and canyons. How manifold are Your works! In wisdom You made them all.

Land producing vegetation, all manner of plants and trees; For beauty and for pleasure, for shelter, food, and medicine. How awesome are Your works!

Praise be to God, who turned the sea into dry land, And made a road through the depths so the redeemed could cross over.

"Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be filled."

Matthew 5:5, 6

CONFESSION

Who can understand his errors?

Cleanse me from my secret faults.

Remember not the sins of my youth, nor my transgressions.

Remember, O Lord, Your tender mercies;

Restore unto me the joy of your salvation, and renew a right spirit within me.

God be in my head and in my understanding
God be in my eyes and in my looking
God be in my mouth and in my speaking
God be in my heart and in my thinking
God be at my end and my departing
—Text: 1514 AD., Salisbury

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips
And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

INTERCESSION

O Lord and Father, as You have created and called me, so preserve and direct me to do Your will, to be what You want me to be, to go where You want me to go, to do what You want me to do.

Lord, I know not how to pray as I ought; teach me to pray. Help me in my weakness.

Speak through me in Your grace.

I pray for: fruitfulness in the earth, food for the hungry, shelter for the homeless, And the Gospel to ends of the earth.

For those who hate and those who love us.

For those who lie in sickness, and those who minister to them.

For peace in the world, and the salvation of the lost. For the edification of the church, and blessing on her ministry.

To You, I commend myself and all that is mine; Brothers, sisters, children, friends, neighbors, and co-workers.

The Lord bless us, and keep us;

The Lord make His face to shine upon us, and be gracious unto us:

The Lord lift up His countenance upon us, and give us peace.

THANKSGIVING

Bless the Lord, O my soul, and forget not all His benefits.

Bless the Lord, all His works, in all places of His dominion.

Bless the Lord, O my soul.

Amen.

fourth day WEDNESDAY

"God said, Let there be lights in the firmament of the heavens to divide the day from the night; let them be for signs and seasons.'...the fourth day."

Genesis 1:14, 19

"The day is Yours, and Yours also the night. You established the sun and the moon." Psalm 74:16



THE CREATION OF THE SUN AND MOON

Michelangelo 1508-1512, Fresco Sistine Chapel, Vatican

ADORATION OF GOD

My soul waits for the Lord More than those who watch for the morning, More than those who watch for the morning.

Blessed are You, O Lord, who made the sun, the moon, and the stars, For light, for signs, and for seasons, For spring, summer, autumn, winter, For days, weeks, months, and years.

So teach us to number our days, that we may apply our hearts to wisdom; That we may be ready for the coming of the Sun of Righteousness, Whose sign shall appear in the skies.

CONFESSION

Lord, I am carnal, sold under sin; I know that in me, that is, in my flesh, dwells nothing good. For the good that I would, I do not; but the evil which I would not, that I do. I find myself a prisoner of the sin at work within me.

O wretched man that I am, who shall deliver me from the body of this death? I thank God — through Jesus Christ, that where sin abounded Grace did much more abound.

Gracious Lord and Savior of my life,
May I know You more clearly,
Love You more dearly,
And follow You more nearly, day by day.
—Richard of Chichester, 1197-1253

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips

And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

INTERCESSION

Lord, I remember before You:

All the people I love, all who are sad and lonely, young and abused, Old and forgotten, poor, hungry, and cold.

All who are in pain of body, or in distress of mind.

Lord, I remember before You:

All who bear the authority of government in this and every land; All men and women in armed forces; all teachers and students.

Lord, I remember before You:

All who in every place call upon Your name, congregations rich and poor, Great and small, the lukewarm, the hot, and the cold.

O Lord, grant peace in our days, peace to our souls, peace to our families, Peace to our country, and peace among nations.

THANKSGIVING

Almighty God, Father of all mercies,

We praise You for our creation, preservation, and all the blessings of this life; But above all, for Your immeasurable love in the redemption of the world By our Lord Jesus Christ.

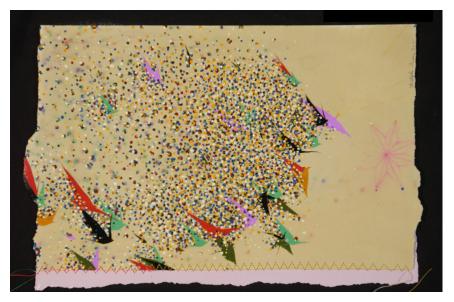
O Lord, throughout this day, may Your mercy be my defense; Your praise, my delight; Your Word, the treasure of my heart. Amen.

fifth day THURSDAY

"God said, 'Let the waters teem with living creatures; let birds fly above the earth.' ... the fifth day" Genesis 1:20, 23

"Look at the birds of the air; they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them."

Matthew 6:26



MASS MOVEMENT 4

Chris Duncan 2005, Mixed Media

ADORATION OF GOD

Oh, that I had wings like a dove!

For I would fly away and be at rest.

They that wait on the Lord shall renew their strength;

They shall mount up with wings as eagles,

They shall run and not be weary, They shall walk and not faint.

O Lord God of hosts, blessed are You, bringing forth life in the waters: Innumerable livings things both great and small; And life in the heavens: the winged fowl, and their songs in all the world.

O God, You are awesome in Your holy place; ascended up on high; By that ascension on this day, strength and power You give to Your own.

And by the mystery of Your holy Supper on the evening of this day, You lift us up to commune with You, members of Your body, Your flesh and bone.

CONFESSION

Lord, I am not worthy, not worthy even to gather up the crumbs under Your Table; Not worthy of the least of all the mercies and truth You have shown to me.

Father, I have sinned against heaven and before You I am not worthy to be called Your son,
Make me as one of Your hired servants.

O Father of all mercy, into Your hands I abandon myself; Do with me whatever You will. I ask no more than this. O my God, I trust in You.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips
And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

INTERCESSION

I pray for my brothers and sisters in Christ, the Church and the mission.

I pray for the Nation and all in authority.

I pray for the world, for justice and peace.

I pray for those who suffer and those in any trouble.

I pray for my family, loved ones, friends, neighbors, and co-workers.

Lord, make me an instrument of Your peace:

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

And where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek to be consoled as to console,

To be understood as to understand,

To be loved as to love.

For it is in giving that we receive,

In pardoning that we are pardoned,

And in dying that we are born to eternal life.

-St. Francis of Assisi

THANKSGIVING

Holy, holy, holy, Lord God Almighty, who was and is and is to come! You are worthy, O Lord, to receive glory and honor and power; For You created all things, and by Your will they exist and were created. Amen.



"God made everything that moves on the earth. And God created man in His own image, male and female, the sixth day."

Genesis 1:25, 27, 31

"If then you were raised with Christ, seek those things which are above... For you have put on the new man who is renewed in knowledge according to the image of Him who created him."

Colossians 3: 1, 10



STADIA II

Julie Mehretu

2004, Ink and acrylic on canvas, 108 x 144 inches

ADORATION OF GOD

I will extol You, my God and King; I will bless Your name forever and ever. All Your works shall praise You, O Lord; And Your saints shall bless You.

You are the Alpha and the Omega, The Beginning and the End. The work You began on the first day is the work You finished on the seventh. Your Word did not return empty; Your plan is what came to pass.

Blessed are You, Lord Jesus, Who finished the Work of redemption and entered Rest at the right hand of God; Who cried, "It is finished!" Who arose and promised, "I will come again."

Finish then Thy new creation, Pure and spotless let us be; Let us see Thy great salvation Perfectly restored in Thee. —Charles Wesley, 1747

"He who began a good work in you will be faithful to complete it at the day of Jesus Christ" Philippians 1:6

CONFESSION

God be merciful to me a sinner, be merciful to me the chief of sinners. My iniquities have overtaken me, so that I am not able to look up; They are more than the hairs of my head.

Have mercy on me, and forgive me for my many sins. Pardon the guilt; remove the stain; heal the wound; And restore to me the joy of Your salvation.

O Savior of the world, and lover of my soul, I commend myself to You, In Whom I live and move and have my being.

Be the goal of my pilgrimage,
And my rest along the way.
Be my refuge from the turmoil,
And my strength from day to day.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips

And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

INTERCESSION

Most gracious God and Father, look mercifully on the world for whom you sent Your beloved Son.

Gather together the sheep that are scattered far and wide.

Bring them back into the fold. Lead them to the good pasture.

Those who are wounded, bind up their wounds;

Those who are sick, comfort and heal.

Show pity, good Lord, on all prisoners and captives;

Defend, provide, and console fatherless children and widows

Protect and preserve freedom in this and every land;

Grant wisdom to all in authority, that justice and peace may prevail.

Send down Your blessings, temporal and spiritual,

On my relations, friends, and neighbors.

Be merciful to all who are in any trouble.

Gracious and holy Father, please give to me:

Faith to trust You, diligence to seek You, wisdom to find You, a spirit to know You,

A heart to love You, ears to hear, eyes to see, and a tongue to proclaim

Your name each and every day.

THANKSGIVING

Great and marvellous are Your works,

Lord God Almighty; just and true are Your ways, O King of saints.

Who shall not fear You, O Lord, and glorify Your name?

For You alone are holy. All nations shall come and worship before You.

For Your righteous acts have been revealed.

Lord, You have given me everything I am or have;

I give it all back to You to stand under Your will alone,

Your love and Your grace are enough for me;

I shall ask for nothing more.

-lgnatius of Loyola 1550

seventh day **SATURDAY**

"On the seventh day God had finished His work. And He rested."

Genesis 2:2

"Come to Me all you who labor and are heavy laden, and I will give you rest."

Matthew 11:28

"There remains therefore a rest for the people of God."

Hebrews 4:9



RADIUS

Helen Frankenthaler 1993. Hand-dyed paper, 71.0 x 71.3 cm

ADORATION OF GOD

When I consider Your heavens, the work of Your fingers,
The moon and the stars, which You have ordained,
What is man that You are mindful of him?
Who am I and what is my life?
I am Your servant, poor and needy; I will love You, O Lord, my strength.

Blessed are You, Lord God of hosts, who formed the animals from the earth, And all that moves upon the ground; Man You made a little lower than the angels; You crowned him with glory and honor.

Blessed are You, O Lord Jesus, for Your holy cross and passion Suffered on this day to make a new creation, a new man after God's image: Upright, holy, and true.

CONFESSION

Here am I, O Lord, clothed in my filthy rags; The Accuser ready to condemn me; my own conscience convicts

Take away my filthy garments; put away my iniquity and sin; Clothe me with Your salvation; Wrap me up in Jesus Christ.

May the soul of Christ hallow me,
The body strengthen me,
And the blood ransom me,
And the water wash me,
And the bruises heal me,
The sweat refresh me,
And the wounds hide me.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

PSALMS

Lord, open our lips

And our mouths shall proclaim your praise.

(Daily Reading from the Psalms consecutively)

Glory to the Father, and to the Son, and to the Holy Spirit:

As it was in the beginning, is now, and will be for ever. Amen.

SCRIPTURE LESSONS

(Daily Bible Readings)

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

INTERCESSION

O God who hears and answers prayer, give ear to my supplications; Let my prayer be set before You as incense.

I pray for the church, for the people and the mission
I pray for the world, for justice, peace, and freedom
I pray for friends and family, and their own special concerns
I pray for those in need, in sorrow, sickness, or trouble

Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me,

Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.—St.Patrick's Breastplate -451

THANKSGIVING

Worthy is the Lamb that was slain to receive power, and riches, and wisdom, And strength, and honor, and glory, and blessing.

You are worthy, O Christ, to take the book and open the seals, For You were slain, and have redeemed us to God by Your blood out of every tribe and tongue and people and nation.

Blessing and honor and glory and power be to Him who sits on the throne, And to the Lamb, forever and ever.

Amen.

MORNING PRAYER & COMPLINE

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

an order for MORNING PRAYER

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer.

Psalm 19:14

CONFESSION OF SIN

Leader Let us confess our sins against God and our neighbor.

Silence may be kept. All kneeling.

All Most merciful God, we confess that we have sinned against

you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your

Name. Amen.

Leader Almighty God have mercy on us, forgive us all our sins through

our Lord Jesus Christ, strengthen us in all goodness, and by the

power of the Holy Spirit keep us in eternal life. Amen.

THE INVITATORY AND PSALTER

All stand

Leader Lord, open our lips.

People And our mouth shall proclaim your praise.

Leader Glory to the Father, and to the Son, and to the Holy Spirit:

People As it was in the beginning, is now, and will be for ever. Amen.

Venite Psalm 95:1-7 or Jubilate Psalm 100

The Psalms

At the end of the Psalms is sung or said

Leader Glory to the Father, and to the Son, and to the Holy Spirit:

People As it was in the beginning, is now, and will be for ever. Amen.

THE LESSONS

Leader The Word of the Lord.

People Thanks be to God.

THE SONG OF MARY

Magnificat. Luke 1:46-55

THE APOSTLES' CREED

All standing

All I believe in God, the Father Almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE PRAYERS

The People stand or kneel

Leader The Lord be with you.

People And also with you.

Leader Let us pray.

All Our Father, who art in heaven, hallowed be thy Name, thy

kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever Amen.

SUFFRAGES

V = Versicle, R = Response

The versicles and responses are short prayers from the Psalms. The leader prays the versicle and the people prays the response.

V Show us your mercy, O Lord;

R And grant us your salvation.

V Clothe your ministers with righteousness;

R Let your people sing with joy.

V Give peace, O Lord, in all the world;

R For only in you can we live in safety.

V Lord, keep this nation under your care;

R And guide us in the way of justice and truth.

V Let your way be known upon earth;

R Your saving health among all nations.

V Let not the needy, O Lord, be forgotten;

R Nor the hope of the poor be taken away.

V Create in us clean hearts, O God;

R And sustain us with your Holy Spirit

A COLLECT FOR MISSION

A11

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

Here may be sung a hymn or anthem.

Free intercessions and thanksgivings may follow.

THE GENERAL THANKSGIVING

A11

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Leader

Let us bless the Lord. Alleluia! Alleluia!*

People

Thanks be to God. Alleluia! Alleluia!*

Leader

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

2 Corinthians 13:14

^{*} The Alleluias are not proclaimed during Lent.

an order for **COMPLINE**

Leader The Lord Almighty grant us a peaceful night and a perfect end.

Amen.

Leader Our help is in the Name of the Lord;

People The maker of heaven and earth.

Leader Let us confess our sins to God.

All Almighty God, our heavenly Father: We have sinned against

you, through our own fault, in thought, and word, and deed, and in what we have left undone. For the sake of your Son our Lord Jesus Christ, forgive us all our offenses; and grant that we may serve you in newness of life, to the glory of your Name.

Amen.

Leader May the Almighty God grant us forgiveness of all our sins, and

the grace and comfort of the Holy Spirit. Amen.

Leader O God, make speed to save us.

People O Lord, make haste to help us.

Leader Glory to the Father, and to the Son, and to the Holy Spirit:

People As it was in the beginning, is now, and will be for ever. Amen.

One or more of the following Psalms are sung or said. Other suitable selections may be substituted.

Psalm 4, 31, 91 or 134 is sung or read.

At the end of the Psalms is sung or said

All Glory to the Father, and to the Son, and to the Holy Spirit: *

As it was in the beginning, is now, and will be for ever. Amen.

Leader Come to me, all who labor and are heavy-laden, and I will give

you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. Matthew 11:28-30

People Thanks be to God.

A hymn suitable for the evening may be sung.

V = Versicle, R = Response

The versicles and responses are short prayers from the Psalms. The leader prays the versicle and the people prays the response.

V Into your hands, O Lord, I commend my spirit;

R For you have redeemed me, O Lord, O God of truth.

V Keep us, O Lord, as the apple of your eye;

R Hide us under the shadow of your wings.

Leader Lord, have mercy.

People Christ, have mercy.

Leader Lord, have mercy.

All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Leader Lord, hear our prayer;

People And let our cry come to you.

Leader Let us pray.

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.

The following prayer may be added

Keep watch, dear Lord, with those who work, or watch, or weep this night, and grant your protection over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen

Silence may be kept, and free intercessions and thanksgivings may be offered.

The service concludes with All Praise to Thee My God This Night or the Song of Simeon with this Antiphon, which is sung or said before and after by all

Guide us waking, O Lord, and guard us sleeping;

That awake we may watch with Christ, and asleep we may rest in peace.

Leader Let us bless the Lord.

People Thanks be to God.

Leader The almighty and merciful Lord, Father, Son, and Holy Spirit,

bless us and keep us. Amen.

